SUMMIT
DERMATOLOGY + SPA

POST CRYOTHERAPY and AFTER CARE INSTRUCTIONS

THE SPOTS THAT WERE FROZE WILL FORM A BLISTER. SOME OF THESE BLISTERS WILL BE SIGNIFICANT AND SOME MAY BE ONLY BLISTER A VERY SMALL AMOUNT.

PLEASE KEEP THE SITE CLEAN AND DRY. IT IS OKAY TO CONTINUE NORMAL BATHING AND FACIAL CARE ROUTINE AFTER THE TREATMENT.
**DO NOT EXFOLIATE UNTIL SITES ARE HEALED
IT IS OKAY TO APPLY YOUR NORMAL DAILY MOISTURIZERS
(No Scented Creams or Moisturizers on Treated Areas)

DO NOT COVER THE AREA WITH A BANDAID

ONCE THE SKIN DRIES, PEEL THE SKIN OFF. THIS WILL TAKE THE DAMAGED TISSUE OFF.

PLEASE AVOID EXCESSIVE SUN EXPOSURE FOR 2 WEEKS TO MINIMIZE SCARRING AND DISCOLORATION.
A GOOD SPF 45-50 IS RECOMMENDED AND WEARING A WIDE BRIM HAT OUTSIDE.

IF THE SITE COMES BACK AFTER BEING FROZEN, PLEASE CALL OR TEXT THE OFFICE AND MAKE ANOTHER APPT FOR THE SITE TO BE ASSESSED AGAIN.

SUMMIT DERMATOLOGY AND SPA
3298 SUMMIT BLVD SUITE 12
PENSACOLA, FL 32503
(850) 518-3881